

# LUCY SPRING

[www.lucyspring.com](http://www.lucyspring.com) / [lucyspring.contact@gmail.com](mailto:lucyspring.contact@gmail.com) / (703) 431-6258

Height: 5'3"

Hair: Blonde

Eyes: Blue

Voice: Mezzo-Soprano

---

## Live Performance

<i>Disney's Newsies</i>	Swing (4 Ensemble Tracks)	Arena Stage, Wash. DC (The Mead Center for American Theater - The Fichandler Stage) Dir. Molly Smith/Chor. Parker Esse/Music Dir. Laura Bergquist
marInspired the Storytellers <i>breakable/Capezio A.C.E. Awards</i>	NYC Company Member Soloist, Ensemble, Swing (4 Tracks)	Salvatore Capezio Theater Dir./Chor. Marinda Davis
American Pops Orchestra	Ensemble Dancer	George Washington Univ., Wash. DC (Lisner Auditorium) Music Dir. Luke Frazier/Chor. Kelly d'Amboise/Host Greg Louganis
George Mason University Galas & Convocations	Company Member Soloist, Duet Partner, Ensemble Dancer, Swing (5 Tracks)	GMU Center for the Arts & Hylton PAC, VA Chor. Mark Morris, Robert Battle, Nick Pupillo, Ulysses Dove, Soon-ho Park, Karen Reedy, Christopher d'Amboise, & Cami Spring
Ethno World Orchestra, Inc. National Cherry Blossom Festival	Guest Artist Duet Partner, Ensemble Dancer	National Mall, Wash. DC Music Dir. Rafael Javadov
Triple Arts Broadway Series	Ensemble Dancer/Singer	West Carolina University, NC Dir. Terrence Mann & Charlotte d'Amboise/ Chor. Christopher d'Amboise, Kelly d'Amboise, & Mary Ann Lamb/ Music Dir. Michael Yannette, Liz Larson, & Rachel Bay Jones
CureFest for Childhood Cancer	Duet Partner	National Mall, Wash. DC

---

## Choreography / Teaching

<i>Grand Hotel</i> (pre-production)	Asst. Chor. (Kelly d'Amboise)	Signature Theatre, VA
<i>Evita</i> (pre-production)	Asst. Chor. (Christopher d'Amboise)	Olney Theatre Center, MD
<i>Little Mermaid</i>	Choreographer	Center for the Fine & Performing Arts, VA
<i>Bachbeat</i> - Ethno World Orch., Inc.	Choreographer/Reh. Dir.	Silver Spring, MD
CureFest for Childhood Cancer	Choreographer/Reh. Asst.	National Mall, Wash. DC
George Mason University Dance Co.	Choreographer/Designer	Harris Theatre, VA
<i>Seussical Jr.</i>	Co-Choreographer (Cami Spring)	BAM Theater, VA
Nova Elite Dance Alliance	Dance Team Director/Faculty	Chantilly, VA
Flint Hill School Dance Academy	Dance Faculty/Choreographer	Oakton, VA
Dance Academy of Virginia	Dance Faculty	McLean, VA
Message In Motion	Dance Faculty	Virginia Public Schools
Center for the Fine & Performing Arts	Guest Dance Teacher	Charles J. Colgan High School, VA
iMPact Dance Project	Guest Dance Teacher	The St. James, VA
Original Dance Film Projects (Piece by Piece/Clean/Run To You)	Choreographer/Director	ND Visuals, VA

---

## Judging / Stage Management

Empire National Dance Competition	Judge	Owners: Anne-Marie & Matt Jones
Bella Mossa Dance Competition	Stage Manager/Marketing	Owner. Heather Taylor

---

## Education / Training

<b>Dance:</b> B.F.A., Dance, <i>magna cum laude</i>	George Mason University, VA	Dir. Susan Shields & Karen Reedy
New York City Dance Alliance	National Conventions	Dir. Joe Lanteri

*Styles: Musical Theater, Jazz, Tap, Ballet, Contemporary, Lyrical, Modern, Swing, Pointe, Hip Hop, Acrobatics, Improvisation*

**Voice:** Mario Spinetti/Jennifer Randall M.M.

---

## Awards

2020 Helen Hayes Nomination for Outstanding Ensemble in a Musical (*Disney's Newsies* - Arena Stage)  
2018 Industry Dance Awards Choreography Nomination  
2017 Bette Carter Award in Dance

---

## Special Skills

Advanced Tap Dancing, Dance Partnering/Lifts, Aerial Cartwheel, Comedic Dance & Movement, Basic Stage Combat